

ancora house school

'Building Resilience for Future Success'

Curriculum Plan

PSHE topics

5 ways to well-being
Self-concept
Emotional wellbeing
Healthy Lifestyles
Learning Skills
Choices and Pathways
Work and Careers
Employment rights and responsibilities
Misuse of harmful substances
Managing Risk and Personal Safety
Risks associated with air-borne virus regarding tattooing and piercing
Risk with finance – fraud
World religions
Assembly

RSE topics

Positive relationships
Puberty, Sexual Health, Fertility & Consent
Contraception & Parenthood
Bullying, abuse and discrimination
Assembly

Living in the wider world/ Independent Living Skills

Budgeting
Finance, payment with cards
Re-visiting basic number skills
Wages and tax
Planning ahead financially
Enterprise skills
Outdoor Education
Countries in the world, travel
Art/creative activities

Health and Wellbeing

Out-door Education including 'Veg project' with OT
Conservation, climate change, biodiversity.
Healthy lifestyles
Promoting personal hygiene
5 Ways to well-being
Sanctuary
ELSA – Social skills
Art/creative activities
D of E – JASS skills

Re-engagement

Art/creative activities
Games, puzzles and quizzes
Outside/ garden/animal care activities
1:1 conversation/spider diagram about any difficulties or barriers - careplan
Mindfulness Activities based around positive self
Bracelet making
Light academic work
Research on personal interests

GCSE subjects

English Language
English Lit
Maths
Science
Art

16 Habits of Mind

Thinking skills
Fortnightly theme
Assembly

Ward activities/therapy

Access to chaplain
Group/individual organised reading
Coping Skills
PBS plans (Personalised Behaviour Support)
Yoga, out-door games, walks, table-tennis
Baking, shopping
Animal care

Psycho-Education

ASD support
ELSA
Social skills
Transition Support

Online Safety

Social media and sharing images
Media Literacy and digital resilience
Respond in 1:1 or group setting to vulnerable learners who are unsure of or misusing social media platforms.
Provide information to the learners to check their privacy settings.
Assembly

IIAG skills

Learn to Earn
Employability Masterclass
Launchpad Mentor
Curriculum linked careers webinars
CV writing, applications to part-time jobs.
Employability skills

STE'A'M

Design and build 3D structures which function and fulfil a purpose
Use ICT to create presentation
Use Stop motion animation
Follow instructions to build
Create drawing on acetate to reflect and catch light.

Communication/Life skills

Research skills
Confidence in speaking to different audiences
Team work, negotiation, social skills
Using school Library